

## **WTF58 course info**

### **Part one: Airlie Sound Stage to the Stairs Kara Cres.**

You will start at the Airlie Beach Sound Stage on the front beach. You will run along the front beach path way, before you turn left after the last shelter on the foreshore. Here you will run up a grassy embankment, to Airlie Esplanade where you will cross the road near the roundabout. Marshall's will direct you across the road.

Here you will follow the path towards Waterson way. You will have the Woolworths building on your right as you pass it. You will be running along the path for approximately 800m, before you see a marshals, who will direct you across the road on Waterson way into Orana St.

Orana St is about 300mg long, it is very narrow and curls around to your right. Please keep an eye out for traffic along this road and give way to them.

At the end of Orana St, you will turn left into Kara Cres. It is approximately 200m to the stairs from this turn point. You will notice a water table the top of Kara Cres before you head towards the stairs and into the trail.

### **Part Two: Kara Cres Stairs to Honey Eater turn off**

As you climb up the stairs, you will enter into the beginning of the trail.

The track has uneven surfaces, with loose rocks and tree roots protruding out as you run up the trail. Please be mindful where you place your feet, as a slip here can end your run.

As you wind your way through the trail, don't to forget to look at the stunning view to your right as you look out over the coral sea.

As you follow the trail, you will come to the fork in the trail which you will need to stay left here as it will take you through to the Brandy Creek turn around.

### **Part Three: Honey eater turn off to Bloodwood Camp.**

Follow the coastal ridge as your travel to Bloodwood camp. This forest survives on rocky soils, and endures the seasonal hot sun and occasional tropical cyclone.

You will travel though some taller forest as come past Honeyeater Junction, from here you will tackle a steep decent through low vine thicket. Take a bit of time to enjoy your surroundings of grasstrees, cycads and gum trees. If the grasstrees are flowering, look for various honeyeater species coming into feed.

### **Part Four: Bloodwood Camp to Repulse Creek camp .**

Continue along the ridge to the open Bloodwood Camp with toilets. Enjoy views beyond Jubilee Pocket to the Whitsunday Islands.

The track narrows as you follow a ridge of Mt Hayward. Enjoy the cool breeze and rewarding view from the top.

From here the trail through drier forest and crosses two creeks. Enjoy the shade provided by rainforest plants growing in the creek's surroundings.

### **Part Five: Repulse Creek Camp to Brandy Creek**

At the Repulse Creek Camp you will come to an open campsite with toilets and water.

Continuing along the main track, your feet may get wet when you cross Impulse Creek. Here you may notice a change in vegetation from the moisture-loving Mackay tulip oaks, to the hardy, brown tulip oaks. Delicate climbers are replaced with tough woody vines.

You will start to notice that the track will start to widen as you come past Womoo Walk Junction as this part of trail was part of the old logging road. You will start to ascend through the lush rain forest, as you come up to the main gate at Brandy creek.

Here you will be turned around and travel back through the trail, that same way you came. You will finish at the same point where you had started your adventure earlier in the day.

As you come to the end of your adventure, don't forget to enjoy the views and those final moments as you celebrate as you cross the finishing line at the race precinct.

Please be aware the course may be slightly longer or shorter than advertised. You still should train to be able to compete in such a challenging event.